

## HIV CLINICAL INDICATOR DISEASES / DIFFERENTIAL DIAGNOSIS

CLINICAL CATAGORY	DEFINING CONDITIONS	OTHER CONDITIONS
<b>Respiratory</b>	<ul style="list-style-type: none"> <li>• Tuberculosis</li> <li>• Pneumocystis</li> </ul>	<ul style="list-style-type: none"> <li>• Pneumonia</li> <li>• Any cough with raised RR</li> <li>• Aspergillosis</li> </ul>
<b>Dermatology</b>	<ul style="list-style-type: none"> <li>• Kaposi's Sarcoma</li> </ul>	<ul style="list-style-type: none"> <li>• Severe/ recalcitrant Seborrhoeic Dermatitis Psoriasis</li> <li>• Persistent macular papular rash</li> </ul>
<b>Haematology</b>		<ul style="list-style-type: none"> <li>• Unexplained blood dyscrasia</li> <li>• Neutropaenia</li> <li>• Lymphopaenia</li> <li>• Thrombocytopaenia</li> </ul>
<b>Oncology</b>	<ul style="list-style-type: none"> <li>• Non-Hodgkin's Lymphoma</li> </ul>	<ul style="list-style-type: none"> <li>• Anal cancer and anal intraepithelial dysplasia</li> <li>• Lung Cancer</li> <li>• Hodgkin's Lymphoma</li> </ul>
<b>Gynaecology</b>	<ul style="list-style-type: none"> <li>• Cervical Cancer</li> </ul>	<ul style="list-style-type: none"> <li>• Vaginal intraepithelial neoplasia</li> <li>• Cervical intraepithelial neoplasia Grad 2 or above</li> </ul>
<b>Gastroenterology</b>	<ul style="list-style-type: none"> <li>• Persistent Cryptosporidiosis</li> </ul>	<ul style="list-style-type: none"> <li>• Oral Candidiasis</li> <li>• Oral Hairy Leukoplakia</li> <li>• Weight loss unknown cause</li> <li>• Chronic Diarrhoea of unknown cause</li> <li>• Hep B, C , A</li> </ul>
<b>Neurology</b>	<ul style="list-style-type: none"> <li>• Cerebral Toxoplasmosis</li> <li>• Primary Cerebral Lymphoma</li> <li>• Cryptococcal Meningitis</li> </ul>	<ul style="list-style-type: none"> <li>• Aseptic Meningitis / Encephalitis</li> <li>• Cerebral Abscess</li> <li>• Cerebral Toxoplasmosis</li> <li>• Space occupying lesion of unknown cause</li> </ul>
<b>ENT</b>		<ul style="list-style-type: none"> <li>• Lymphadenopathy [any unknown cause]</li> <li>• Chronic Parotitis</li> </ul>
<b>Other</b>		<ul style="list-style-type: none"> <li>• Mononucleosis-like-syndrome</li> <li>• Chronic Fatigue Syndrome</li> <li>• Pyrexia of unknown origin</li> </ul>

## TESTING GUIDE

### REASONS FOR TESTING

- 1 in 5 people do not know they are infected.
- Individuals do not consider themselves at risk
- Bromley is a 'high prevalence' area bordering boroughs with the highest incidence of HIV in the country
- Early diagnosis gives patients access to free treatment, prevents onward transmission and saves lives

### TESTING CRITERIA

- ALL New Patient Registrations \*
- All MSM Individuals [men who have sex with men] if known [annually]
- Ethnic Groups: Black African [BA] patients originally from countries with high levels HIV
- HIV differential diagnosis [see over] ALWAYS consider testing for HIV

*\*Ask ALL New Registrations if they know their HIV status? If not, recommend and offer a test*

## HIV TESTING IN GENERAL PRACTICE

### POINTS TO REMEMBER

**NORMALISE:** and ensure the message is that HIV testing is routine in Bromley / in this practice.

**REASSURE:** the test is confidential and there are no insurance or mortgage penalties for taking a test for HIV.

**HIV IS A 'LONG TERM' CONDITION:** treatment is with antiretroviral [ART] medication for life.

**LATE DIAGNOSIS:** Bromley is shown to be above the London average for late diagnosis [biggest factor associated with HIV related deaths in the UK]. PHE outcome measures include the reduction of HIV late diagnosis.

**CONDOMS:** Advise good condom use free from:  
[www.bromleyhealthcare.org.uk/find-a-service](http://www.bromleyhealthcare.org.uk/find-a-service)

### CONTACTS

#### HIV Specialist Nursing Service

Beckenham Beacon  
379 Croydon Road  
BR3 3QL

Tel: 01689 866647 [Referrals]

Email: [bromh.shn@nhs.net](mailto:bromh.shn@nhs.net)

[www.bromleyhealthcare.org.uk/find-a-service/hiv-specialist-nurse](http://www.bromleyhealthcare.org.uk/find-a-service/hiv-specialist-nurse)

#### Public Health / LBB Commissioners

SHO [Sexual Health Office]  
3<sup>rd</sup> Floor Stockwell Building, Civic Centre  
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